



CONVERSION TABLE

Liquid Whole Eggs

WHOLE EGG	g**	ml**	oz**
EXTRA LARGE	58	56.1	1.9
LARGE	53	51.3	1.7
MEDIUM	46	44.5	1.5
SMALL	42	35.5	1.2

Qty Whole Egg	EXTRA LARGE			LARGE			MEDIUM			SMALL		
	g	ml	oz	g	ml	oz	g	ml	oz	g	ml	oz
1	58	56	2	53	51	2	46	44	1	42	36	1
2	116	112	4	106	103	3	92	89	3	84	71	2
3	174	168	6	159	154	5	138	133	4	126	107	4
4	232	224	7	212	205	7	184	178	6	168	142	5
5	290	280	9	265	256	9	230	222	7	210	178	6
6	348	337	11	318	308	10	276	267	9	252	213	7
7	406	393	13	371	359	12	322	311	10	294	249	8
8	464	449	15	424	410	14	368	356	12	336	284	9
9	522	505	17	477	461	15	414	400	13	378	320	11
10	580	561	19	530	513	17	460	445	15	420	355	12
11	638	617	21	583	564	19	506	489	16	462	391	13
12	696	673	22	636	615	21	552	534	18	504	426	14
15	870	841	28	795	769	26	690	667	22	630	533	18
18	1,044	1,010	34	954	923	31	828	801	27	756	639	21
20	1,160	1,122	37	1,060	1,025	34	920	890	30	840	710	24
24	1,392	1,346	45	1,272	1,230	41	1,104	1,068	36	1,008	852	28
25	1,450	1,402	47	1,325	1,281	43	1,150	1,112	37	1,050	888	30
30	1,740	1,683	56	1,590	1,538	51	1,380	1,334	44	1,260	1,065	36
35	2,030	1,963	65	1,855	1,794	60	1,610	1,557	52	1,470	1,243	41
36	2,088	2,019	67	1,908	1,845	62	1,656	1,601	53	1,512	1,278	43
40	2,320	2,243	75	2,120	2,050	68	1,840	1,779	59	1,680	1,420	47
42	2,436	2,356	79	2,226	2,153	72	1,932	1,868	62	1,764	1,491	50
45	2,610	2,524	84	2,385	2,306	77	2,070	2,002	67	1,890	1,598	53
48	2,784	2,692	90	2,544	2,460	82	2,208	2,135	71	2,016	1,704	57
50	2,900	2,804	93	2,650	2,563	85	2,300	2,224	74	2,100	1,775	59
55	3,190	3,085	103	2,915	2,819	94	2,530	2,447	82	2,310	1,953	65
56	3,248	3,141	105	2,968	2,870	96	2,576	2,491	83	2,352	1,988	66
60	3,480	3,365	112	3,180	3,075	103	2,760	2,669	89	2,520	2,130	71

**Net weight of eggs without shells



CONVERSION TABLE

Liquid Egg Whites

EGG WHITE	g**	ml**	oz**
EXTRA LARGE	41	39	1.3
LARGE	37	36	1.2
MEDIUM	32	31	1.0
SMALL	29	28	0.9

Qty Egg White	EXTRA LARGE			LARGE			MEDIUM			SMALL		
	g	ml	oz	g	ml	oz	g	ml	oz	g	ml	oz
1	41	39	1.3	37	36	1.2	32	31	1.0	29	28	0.9
2	81	79	3	74	72	2	64	62	2	59	57	2
3	122	118	4	111	108	4	97	93	3	88	85	3
4	162	157	5	148	144	5	129	125	4	118	114	4
5	203	196	7	186	179	6	161	156	5	147	142	5
6	244	236	8	223	215	7	193	187	6	176	171	6
7	284	275	9	260	251	8	225	218	7	206	199	7
8	325	314	10	297	287	10	258	249	8	235	227	8
9	365	353	12	334	323	11	290	280	9	265	256	9
10	406	393	13	371	359	12	322	311	10	294	284	9
11	447	432	14	408	395	13	354	343	11	323	313	10
12	487	471	16	445	431	14	386	374	12	353	341	11
15	609	589	20	557	538	18	483	467	16	441	426	14
18	731	707	24	668	646	22	580	560	19	529	512	17
20	812	785	26	742	718	24	644	623	21	588	569	19
24	974	942	31	890	861	29	773	747	25	706	682	23
25	1,015	982	33	928	897	30	805	778	26	735	711	24
30	1,218	1,178	39	1,113	1,076	36	966	934	31	882	853	28
35	1,421	1,374	46	1,299	1,256	42	1,127	1,090	36	1,029	995	33
36	1,462	1,413	47	1,336	1,292	43	1,159	1,121	37	1,058	1,023	34
40	1,624	1,570	52	1,484	1,435	48	1,288	1,245	42	1,176	1,137	38
42	1,705	1,649	55	1,558	1,507	50	1,352	1,308	44	1,235	1,194	40
45	1,827	1,767	59	1,670	1,614	54	1,449	1,401	47	1,323	1,279	43
48	1,949	1,884	63	1,781	1,722	57	1,546	1,495	50	1,411	1,365	45
50	2,030	1,963	65	1,855	1,794	60	1,610	1,557	52	1,470	1,421	47
55	2,233	2,159	72	2,041	1,973	66	1,771	1,713	57	1,617	1,564	52
56	2,274	2,199	73	2,078	2,009	67	1,803	1,744	58	1,646	1,592	53
60	2,436	2,356	79	2,226	2,153	72	1,932	1,868	62	1,764	1,706	57

** Net weight of egg white without shells



CONVERSION TABLE

Liquid Egg Yolks

EGG YOLK	g**	ml**	oz**
EXTRA LARGE	17	17	0.6
LARGE	16	15	0.5
MEDIUM	14	13	0.4
SMALL	13	12	0.4

Qty Egg Yolk	EXTRA LARGE			LARGE			MEDIUM			SMALL		
	g	ml	oz	g	ml	oz	g	ml	oz	g	ml	oz
1	17	17	0.6	16	15	0.5	14	13	0.4	13	12	0.4
2	35	34	1	32	31	1	28	27	1	25	24	1
3	52	50	2	48	46	2	41	40	1	38	37	1
4	70	67	2	64	62	2	55	53	2	50	49	2
5	87	84	3	80	77	3	69	67	2	63	61	2
6	104	101	3	95	92	3	83	80	3	76	73	2
7	122	118	4	111	108	4	97	93	3	88	85	3
8	139	135	4	127	123	4	110	107	4	101	97	3
9	157	151	5	143	138	5	124	120	4	113	110	4
10	174	168	6	159	154	5	138	133	4	126	122	4
11	191	185	6	175	169	6	152	147	5	139	134	4
12	209	202	7	191	185	6	166	160	5	151	146	5
15	261	252	8	239	231	8	207	200	7	189	183	6
18	313	303	10	286	277	9	248	240	8	227	219	7
20	348	337	11	318	308	10	276	267	9	252	244	8
24	418	404	13	382	369	12	331	320	11	302	292	10
25	435	421	14	398	384	13	345	334	11	315	305	10
30	522	505	17	477	461	15	414	400	13	378	366	12
35	609	589	20	557	538	18	483	467	16	441	426	14
36	626	606	20	572	554	18	497	480	16	454	439	15
40	696	673	22	636	615	21	552	534	18	504	487	16
42	731	707	24	668	646	22	580	560	19	529	512	17
45	783	757	25	716	692	23	621	601	20	567	548	18
48	835	808	27	763	738	25	662	641	21	605	585	19
50	870	841	28	795	769	26	690	667	22	630	609	20
55	957	925	31	875	846	28	759	734	24	693	670	22
56	974	942	31	890	861	29	773	747	25	706	682	23
60	1,044	1,010	34	954	923	31	828	801	27	756	731	24

**Net weight of eggs without shells